





Technical sheet | Guided MTB trip | Level 2/5 % % | 5 days of cycling

# The best e-MTB spots in the Bardenas and Riglos!

# **Your Tour briefly**

- Full-suspension electric mountain bikes! (optional)
- Tailored logistics for a comfortable stay and highquality rental equipment
- Comfortable accommodation in twin rooms in hotels, including 2 nights with a swimming pool (SPA available at extra cost)
- Easy route without major difficulty, **but previous MTB experience required**
- Convenient access via Hendaye train station with numerous TGV connections
- Typical Spanish restaurants & tapas tasting to recharge your energy

# Highlights of the trip

- A paradise for mountain biking
- Great diversity of landscapes: desert, mountains, and ocean
- Discovery of major sites of Spanish Romanesque art
- Exploration of three regions with very different sceneries
- End of the trip on the beaches of the Basque coast
- Visit of the legendary Bardenas Desert, the magnificent castles of Loarre, and the Monastery of San Juan de la Peña







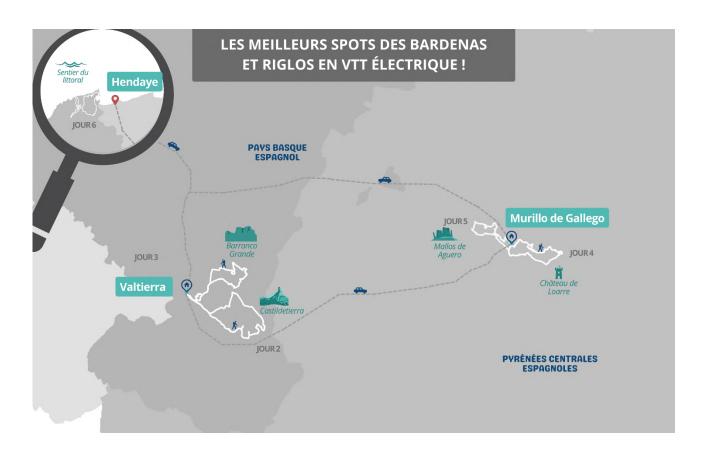


This trip, located in the southern part of the Pyrenean range (on the Spanish side), between Navarre and Aragon, will allow you to discover landscapes as surprising as they are unforgettable. In these regions where the sun reigns supreme, the trails and tracks seem made for mountain biking. With electric-assist bikes, we'll be able to explore as many must-see spots as possible.

From the western movie landscapes of the incredible Bardenas Desert, through the rolling tracks of the Aragonese Sierras, to the green hills of the Basque coast — you won't want to stop pedaling! We'll also take advantage of our rides to visit symbolic cultural sites steeped in history, such as the splendid Loarre Castle

These regions, recognized across Europe for mountain biking, offer above all spectacular and unique scenery, with colors and geological formations that will amaze you. After our sunny cycling days, we'll rest in comfortable accommodations, hotels with spa and pool overlooking the stunning Mallos de Riglos, and enjoy dinners in typical Spanish restaurants, all in a warm, friendly atmosphere.

To end the trip on a high note, we'll enjoy a refreshing swim on the Spanish Basque coast and relax in lively tapas bars for a perfect closing moment.



# Day 1: Start of the trip in Hendaye

Meet at 5:30 PM at Hendaye train station and <u>transfer to the Bardenas (2 hours)</u>. Check-in at our accommodation on the edge of the Bardenas Desert. Trip briefing followed by dinner in town.

Day 2: Exploring the Bardenas Desert



Starting from our accommodation, we'll set out to explore the Bardenas Reales. Gradually, we'll immerse ourselves in these fascinating and spectacular landscapes. Riding on easy trails, we'll traverse this unique scenery of fairy chimneys, bare hills, and ravines illuminated by a light that perfectly highlights the beauty of the arid land. We'll pass the iconic Castil de Tierra and then wander through the vast, wild canyons of southern Bardenas. This first day is technically easy, allowing you to refine your mountain biking skills with guidance from the guide.

• Distance : 60 km, ascent : +380 m, descent : -380 m, <u>no</u> <u>transfers</u>

Day 3: Tour of Peñaflor castle and Barranco Grande



Starting from our accommodation, we'll head out to enjoy more mountain biking in the Bardenas, exploring a variety of landscapes and playgrounds. Among the Aleppo pines, we'll ride around the impressive Peñaflor Tower, a testament to human presence and the strategic importance of this desert in Navarre's history. We'll climb to the cultivated high plateau of El Plano before descending into the Barranco Grande, where the actively eroding landscape surprises us with its beauty at every turn. We'll ride on easy trails, paths, and single tracks to fully enjoy the pleasures of mountain biking.

• Distance : 54 km, ascent : +600 m, descent : -600 m, no transfer in the morning, 1h30 transfer in the evening

Day 4: Loarre Castle and the Mallos de Riglos



We'll completely change landscapes to explore the vast Aragonese Sierras and their spectacular conglomerate cliffs. Let's head to Loarre Castle, one of the finest examples of Romanesque fortification in Spain, built in the 11th century at the height of the Kingdom of Navarre. After a rewarding climb, we'll overlook the Aragonese plain. Depending on the group's level, we'll enjoy some thrilling descents through stunning scenery. Finally, we'll reach the Mallos de Riglos — a fascinating spectacle where the dance of vultures dominates over climbers from around the world, drawn to scale these legendary sun-drenched walls.

• Distance: 46 km, ascent: +1,065 m, descent: -1,065 m, no transfers

Day 5: Mallos de Agüero



Less known and more intimate, the Mallos de Agüero offer some stunning visual surprises! We'll leave the hotel via beautiful trails and charming single tracks to ride around these towering conglomerate monoliths above the village. Let's enjoy the scents and scenery dotted with almond trees before heading to the Basque coast and the ocean!

<u>Transfer to Hendaye</u> and the beaches of the Atlantic Ocean.

• Distance: 30 km, ascent: +900 m, descent: -900 m, no transfer in the morning, 2h30 transfer in the evening

Day 6: Camino de Santiago and coastal walk



We'll cross the border to explore the old quarters of the beautiful fortified town of Hondarribia. We'll follow the Camino de Santiago (Camino del Norte), climbing the slopes of the Jaizkibel massif to enjoy a magnificent panorama over the Bay of Biscay and the Basque coast beaches. On terrain very different from the previous days — grassy meadows and oak forests — we'll descend dramatically toward the Atlantic Ocean on a stunning ride. Before leaving, we'll enjoy a final convivial tapas meal in the heart of Hondarribia's old fishing quarter and make a stop at the beach for a swim.

• Distance: 23 km, ascent: +525 m, descent: -525 m

## End of the trip

After lunch and the beach stop, transfer to Hendaye train station. Arrival on site at 3:30 PM.

The programs have been prepared based on the latest information available at the time of writing; unforeseen events may occur, and circumstances beyond our control may affect the itinerary. On site, our guides are the best judges and may modify the route depending on the weather or if the group's safety requires it.

## **•DATES AND PRICES**

# Departure

Guaranteed departure from 4 participants. Maximum group size: 8 participants

Sunday 01/03/2026 to Friday 06/03/2026

Sunday 05/04/2026 to Friday 10/04/2026

Sunday 19/04/2026 to Friday 24/04/2026

Sunday 10/05/2026 to Friday 15/05/2026

Sunday 24/05/2026 to Friday 29/05/2026

Sunday 07/06/2026 to Friday 12/06/2026

Sunday 21/06/2026 to Friday 26/06/2026 Sunday 30/08/2026 to Friday 04/09/2026

Sunday 30,00,2020 to Friday 01,00,2020

Sunday 13/09/2026 to Friday 18/09/2026

Sunday 18/10/2026 to Friday 23/10/2026

Other dates are possible for pre-formed groups of at least 4 participants. Please contact us.

Price per person :	€975
--------------------	------

## Extras/discounts:

- Full-suspension e-MTB rental (helmet included): €325/person. See the "Bike Info" section.
- Single room supplement (subject to availability): €235/person.

#### **Price includes:**

- Full-board accommodation from dinner on Day 1 to the picnic on Day 6
- Transfers during the trip
- Guidance by a certified instructor and regional specialist

### Price does not include:

- Rental of electric mountain bikes and the equipment necessary for safe practice
- Insurance
- Transfers not included in the program
- Site visits
- Access to the SPA in the hotel on Days 3 and 4 (approximately €20, to be paid locally)
- Drinks
- Booking fees: €15

## •MEETING POINT AND END OF THE TRIP

# Start of the trip:

Day 1 at 5:30 PM at Hendaye train station (64).

WE CHOSE HENDAYE STATION TO MAKE ACCESS TO THE TRIP EASIER AND FOR ECOLOGICAL REASONS, AS MANY TRAINS AND TGVs SERVE THIS STATION. CHECK THE SNCF WEBSITE TO BOOK YOUR TRAIN: <a href="https://www.oui.sncf/">https://www.oui.sncf/</a>

## End of the trip:

Day 6 around 3:30 PM, after transfer to Hendaye train station

# •TECHNICAL INFORMATION

# Supervision

A mountain guide with MTB qualification. Our team consists of specialists from the Basque Country who know the region very well.

# Level 2/5

Sportingly easy but technically moderate. The route is somewhat technical, requiring occasional mountain biking experience. The e-MTB greatly facilitates progress.

Mountain biking requires good physical condition as well as technical skills for both ascents and descents. The electric assistance eases the effort on climbs but does not replace mastery of balance and lines on descents. The guide provides valuable advice and can adjust the itinerary based on the group's level and the abilities of all participants if necessary.

# Carrying

Only personal items for the day, your picnic, and enough water. Luggage is transported by vehicle. Plan for a lightweight bag that is easy to carry (see our equipment advice).

# ACCOMMODATION / MEALS

# Accommodation

Full board

2 nights in a hotel\* at the entrance of the Bardenas, in Valtierra: <a href="https://www.lasbardenas.com/es/">https://www.lasbardenas.com/es/</a>

2 nights in a 4-star spa hotel\*\*\*\* in Murillo de Gallego: http://www.hotelaguasdelosmallos.com/es/inicio

1 night in a 2-star hotel\*\* in Hendaye

#### Other possible accommodations

The accommodations mentioned above may vary on certain dates depending on availability. If the accommodations differ from those listed in the "Accommodation" section, we will inform you of these changes.

#### Meals

- Continental breakfast (tea, coffee, milk, bread, butter, jam)
- Evening meals featuring local specialties, including a starter, main course, and dessert
- Picnics included, prepared by your guide and suited to the activity
- Drinks not included

## Accommodation before or after the trip:

Hôtel BELLEVUE: comfortable 2-star hotel located near the train station and the bay

36, boulevard du Général Leclerc

64700 HENDAYE Tel: 05.59.20.00.26

http://hotelbellevue-hendaye.com/

## PRACTICAL INFORMATION

Start: Day 1 at 5:30 PM at Hendaye train station (64) End: Day 6 at Hendaye train station, at 3:30 PM

# How to reach Hendaye:

- By plane: Biarritz Airport daily flights to and from Paris, London, Lyon, Clermont-Ferrand, etc.
- By train: Numerous TER trains from major cities to Bayonne, then Hendaye (https://www.oui.sncf
- By car: From Bordeaux via A63 motorway, 207 km. From Toulouse or Bayonne via A64 motorway, 293 km, then Bayonne to Hendaye via A63 motorway, 32 km. Bayonne, A63 motorway, exit 1 towards Hendaye.

# Parking in Hendaye:

All paid and free parking options are listed here : <a href="https://www.hendaye-tourisme.fr/fr/infos-pratiques/parkings-et-stationnement/">https://www.hendaye-tourisme.fr/fr/infos-pratiques/parkings-et-stationnement/</a>

If you leave your vehicle for the entire duration of your stay, please check with the tourist office to see if any events (festivals, markets, etc.) will take place at your parking location.

# •WHAT TO PACK IN YOUR BAG

# Your main luggage

To carry your belongings: a support bag of maximum 15 kg per person (a small suitcase or a travel bag in good condition). We recommend attaching the provided luggage tags with your full name clearly visible.

# For the bike

- Personal helmet (if you have one)
- A backpack to carry your belongings for the day (minimum 20 liters)
- Warm clothing and a waterproof windbreaker
- Swimsuit and towel why not ? (beach stop on the Basque coast)
- Thin gloves and a hat depending on the season
- Extra water bottle
- Sunglasses, sunscreen, cap (essential)
- Appropriate clothing for cycling: padded shorts + breathable t-shirt or cycling jersey

- For those using their own bikes: complete repair kit (inner tubes, patches + glue, lubricant, derailleur and brake cables, chain), pump, lock, Allen keys, tire mounting kit
- Camera, GPS, etc.

## After the ride

- A pair of sneakers or sandals for the evening
- Change of clothes and personal laundry
- Toiletry kit, including a towel
- Your insurance policy

# Sleeping

-Earplugs

## **Picnic**

- A plastic airtight box (0.8 L) to carry picnic salads
- Cutlery (fork, folding knife)
- Water bottle (minimum 1.5 L) or CamelBak (much more convenient)

# **Small equipment**

- Flashlight or headlamp
- Toilet paper
- Mini first-aid kit: personal medications, Compeed for blisters, adhesive bandages, gauze, disinfectant, arnica granules, aspirin for minor injuries... survival blanket

# **•BIKE INFORMATION**

# If you are bringing your own bikes

- Remember to bring your helmet.
- For the smooth functioning of the group, only e-bikes with autonomy equivalent to those we provide are accepted: MINIMUM 625 WATTS.
- We disclaim any responsibility in case of mechanical issues during rides or bike transport.

# If you choose our bikes

We renew our MTB fleet every two years to ensure high-quality service. It consists of full-suspension MONDRAKER CHASER e-MTBs, described below.

Helmets are provided.



Seatpost: ONOFF Pija internal dropper, diameter 31.6 mm, 1x remote lever with bearingAmortisseur

**Rear shock :** RockShox Deluxe Select R DebonAir, 205x65 mm. Adjustments: low-speed rebound, air preload. Trunnion upper mount, lower bushings 25x10 mm

**Fork :** RockShox Psylo Silver 29, 160 mm, Motion Control damper, Solo Air, tapered steerer, Boost 15x110 mm axle, 35 mm steel stanchions, 44 mm offset. Adjustments: low-speed compression lockout, rebound, air preload

Brakes: Sram DB8, 4-piston calipers, 6-bolt Centerline 200 mm rotors, organic pads on steel

Chainring: Sram X-Sync 2 Eagle 34T, steel, narrow-wide, 104 BCD

Rear derailleur: Sram SX Eagle, 12-speed

Shifters: Sram Trigger SX Eagle, 12-speed, X-Actuation 1:1, one-click

Cassette: Sram PG-1210, 11-50T, 12-speed

Derailleur hanger: Sram UDH

Weight: 25.3 kg

Display: Bosch Intuvia 100 / Bosch Mini Remote / Bosch System Controller

Motor: New Bosch Performance Line CX

Battery: Bosch Powertube 625Wh